DISTRICT 96 FOOD ALLERGY GUIDELINES Guidelines for the Allergen Restricted Classroom

The District in consultation with a child's school team, may consider establishing an "Allergen Restricted" classroom for young, severely allergic children through an Individual Health Care Plan (IHP) and/or a 504 Plan. This classroom has specific food and practice restrictions in place to safeguard young children who require increased measures of protection.

The following guidelines apply to this classroom:

- 1. The classroom to which the young, food-allergic student is assigned will be designated as an "Allergen Restricted" classroom for the entire school day. Specified allergens will not be allowed in this classroom for daily snacks, party treats, and classroom party games/crafts at any time. This is done to help reduce the risk of allergen exposure and reactions via ingestion, contact, inhalation, and cross-contamination (in foods, on hands/mouths, and on shared classroom materials, equipment, and surfaces).
- 2. The parents of students who are assigned to this classroom will be notified by the principal of the restricted nature of the classroom and they will be provided with a copy of the school recommended "Approved Snack List."
- 3. Only store bought, prepackaged items with ingredient labels, kept in their original (sealed) packaging, and from the "Approved Snack List," will be allowed into the classroom for daily snacks, birthday treats or holiday parties. Items with cross-contamination warnings, i.e. "may contain" statements, will not be allowed.
- 4. Store bought bakery goods and homemade goods will not be permitted due to the high risk of cross-contamination during the production of such items.
- 5. The building nurse, principal and/or designee will inspect foods in the main office prior to them being sent into the "Allergen Restricted Classroom". If the food is not from the "Approved Snack List," or has been modified to contain the specified allergens or cross-contamination warnings, the items will be returned to the parents and a safe substitute food item will be provided by the school.
- 6. Students will be supervised in cleansing their hands in the morning before entering the classroom, and upon returning from lunch. Wet wipes will be available in the classroom as provided by the District.
- 7. The restricted classroom will be cleaned at the end of the school day, including desks, shared tables, doorknobs, etc.
- 8. Materials used for classroom projects and activities (i.e., science experiments, crafts, art projects) will not contain specified allergens/ingredients, including any cross-contamination, and safe substitutions will be made if necessary.
- 9. All school staff participates in training related to life-threatening food allergies at the beginning of school in August.