

ALLERGEN RESTRICTED CLASSROOM
MEDICAL ALERT FOR SUBSTITUTE TEACHERS

Place
Child's
Picture
Here

Student Name: _____
Grade: _____
Homeroom/Teacher: _____

FOOD ALLERGY TO: _____

- **This student's food allergy is LIFE-THREATENING**
- Upon arrival, please check in with the school nurse/health office to review health concern.
- Please see student's **EMERGENCY ACTION PLAN (EAP)** attached and review with school nurse/health office.

EMERGENCY INSTRUCTIONS:

1. IF AN ALLERGIC REACTION OR INGESTION OF AN ALLERGEN IS SUSPECTED:

- Call the school nurse or office / principal immediately!
- Trained school staff must administer emergency medications immediately!
- The student should have an adult escort if requests to go to the Health Office for allergic symptoms.

2. SYMPTOMS OF ALLERGIC REACTION (may include any of the following):

- Mouth: Itching, tingling, or swelling of lips, tongue, mouth
- Skin: Hives, itchy rash, swelling of the face or extremities
- Gut: Nausea, abdominal cramps, vomiting, diarrhea
- Throat* Tightening of throat, hoarseness, hacking cough
- Lung* Shortness of breath, repetitive coughing, wheezing
- Heart* Thready pulse, low blood pressure, fainting, pale, blueness

**Potentially life-threatening. All above symptoms can potentially progress to a life threatening situation.*

3. Call 911 if any potentially life-threatening symptoms are noticed. The severity of symptoms can quickly change.

4. Location(s) of emergency medications (Epi-pen, Benadryl): _____

(If student maintains a supply of emergency medication with their EAP in the classroom, take these with the student if it's necessary to leave the building, ie., fire drills, assemblies, etc.).

CLASSROOM GUIDELINES:

To ensure this student's safety, please follow these instructions:

- Wash your hands with soap/water or use hand wipes upon entering the classroom.
- Do not eat your lunch in the classroom.
- Do not allow any foods containing the child's allergens into the classroom.
- All students are to wash with soap & water or use hand wipes upon arrival, and before/after eating.
- Students are not allowed to share or trade food.
- Check ingredients of food products used in any class projects (ie, art projects, cooking projects).
- If any food is to be served for birthday or school celebrations, the allergic student has a supply of "safe snacks" stored in the classroom from which he should choose instead.

OTHER SPECIAL INSTRUCTIONS: _____
