

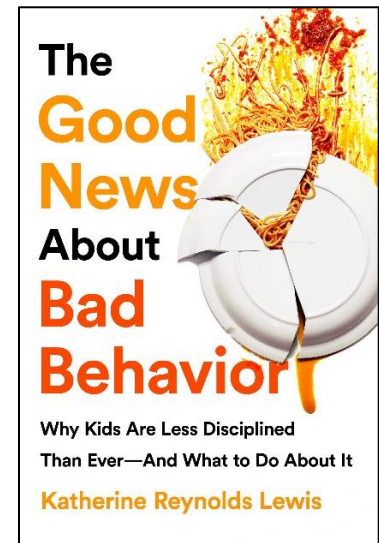
# Using the 3 C's: Connection, Communication, Capability to Combat Challenging Behaviors

A Virtual Presentation by Katherine Reynolds Lewis

Author of *The Good News About Bad Behavior*

Wednesday, September 29<sup>th</sup>, 7:00-8:15pm

RSVP: <https://www.eventbrite.com/e/using-the-3-cs-to-combat-challenging-behaviors-tickets-168129089633>



Join award-winning author [Katherine Reynolds Lewis](#) for a talk on parenting strategies that help children thrive and succeed, based on her book, *The Good News About Bad Behavior*. Katherine will discuss "The Apprenticeship Model," which centers on listening and building children's skills to address the root causes of misbehavior, rather than reactionary rewards and punishment. By strengthening their connection, communication and capability, we can raise children who are self-disciplined, confident, mentally healthy and better equipped to handle the challenges they'll face in life.

Katherine will share her book's findings about the rising rates of behavioral and mood disorders—such as ADHD, anxiety and depression—and explain how successful discipline practices teach children the art of self-control. Lewis spent five years investigating a crisis of self-regulation in modern children: observing families at the dinner table, meeting educators who are transforming the school experience for kids with attention and mood disorders, and studying the latest scientific research. She will share encouraging ideas for easing the biggest pain points parents experience, without resorting to punishments or rewards. Parents will learn creative ways to end battles over mornings, homework, chores, sibling fights, mealtimes, bedtime, screen time, and kids' lack of motivation, respect or cooperation.

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