



KCS D96

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23-24 Grade 5 PE Pacing Guide

4.0 Target	3.0 Target	2.0 Target	T1	T2	T3
Movement Skills					
See Rubric	Demonstrate control while manipulating objects, when changing direction and/or distance.	See Rubric	X	X	X
Physical Fitness					
See Rubric	Identify principles of training and activities that positively impact overall fitness.	See Rubric	X		
Team Building					
Does Not Extend	Perform independently and cooperatively when participating in physical activity.	See Rubric	X	X	X
Does Not Extend	Demonstrate knowledge of rules when participating in a group or individual physical activity.	See Rubric	X	X	X
Health Promotion, Prevention and Treatment					
See Rubric	Make basic age-appropriate decisions about principles of health promotion for self or others.	See Rubric			X
Human Body Systems					
See Rubric	Recognize muscles of the body	See Rubric		X	
See Rubric	Identify the parts of the circulatory system.	See Rubric	X		