



KCS D96

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23-24 Grade 4 PE Pacing Guide

4.0 Target	3.0 Target	2.0 Target	T1	T2	T3
Movement Skills					
Does Not Extend	Demonstrate the manipulation of objects using correct form, while changing direction and/or distance.	See Rubric	X	X	X
Physical Fitness					
See Rubric	Match a variety of physical activities to their fitness component. (Aerobic, Muscular Strength, Flexibility)	See Rubric	X		
Team Building					
Does Not Extend	Follow directions while participating in physical activity.	See Rubric	X	X	X
Does Not Extend	Perform independently and cooperatively when participating in physical activity.	See Rubric	X	X	X
Health Promotion, Prevention and Treatment					
Does Not Extend	Make basic age-appropriate decisions about principles of health promotion for self or others.	See Rubric			X
Human Body Systems					
See Rubric	Locate bones in body.	See Rubric		X	
See Rubric	Label the parts of the respiratory system.	See Rubric			X
See Rubric	List ways the brain benefits from exercise.	See Rubric	X		