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23-24 Grade 3 PE Pacing Guide

4.0 Target	3.0 Target	2.0 Target	T1	T2	T3
Movement Skills					
Does Not Extend	Demonstrate the manipulation of objects using correct form, while changing direction and/or distance	See Rubric	X	X	X
Physical Fitness					
See Rubric	Match a variety of physical activities to fitness components (aerobic, flexibility, muscular strength).	See Rubric	X		
Team Building					
Does Not Extend	Follow directions when participating in physical activity.	See Rubric	X	X	X
Does Not Extend	Perform independently and cooperatively when participating in physical activity.	See Rubric	X	X	X
Health Promotion, Prevention and Treatment					
See Rubric	Recognize the signs and symptoms of sickness.	See Rubric	X		
Does Not Extend	Make basic age-appropriate decisions about principles of health promotion for self or others.	See Rubric			X
Human Body Systems					
See Rubric	Understand the basic function of a muscle, Locate the brain, lungs and stomach.	See Rubric		X	