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23-24 Grade 1 PE Pacing Guide

	J				
4.0 Target	3.0 Target	2.0 Target	T1	T2	T3
Movement Ski	lls				
Does Not Extend	Demonstrate locomotor and/or manipulative skills using developmentally appropriate form.	See Rubric	X	х	x
Physical Fitne	SS				
Does Not Extend	Identify activities that improve health.	See Rubric		Х	
Team Building					
Does Not Extend	Follow directions when participating in physical activity.	See Rubric	X	X	X
Does Not Extend	Perform independently and cooperatively when participating in physical activity.	See Rubric	х	x	x
Health Promot	ion, Prevention and Treatment				
Does Not Extend	Understand and apply basic age-appropriate principles of health promotion.	See Rubric			X
Human Body S	Systems				
See Rubric	Recognize choices that have a positive or negative influence on health, including the importance of being physically active.	See Rubric		x	