



KILDEER COUNTRYSIDE COMMUNITY CONSOLIDATED SCHOOL DISTRICT 96

2023-24

Dear Parent/Guardian of 6th, 7th, and 8th grade students:

District 96 provides a comprehensive health curriculum that addresses an individual's physical, mental, and social-emotional well-being. Within these broad categories, Health teachers cover the topics of body systems, fitness and nutrition, illness prevention, first aid, personal safety, consumer health, bullying prevention, and decision-making.

District 96 will continue to use our current units in grades 6 through 8 only, which align to the [Illinois Physical Development and Health Standards](https://www.kcsd96.org/curriculum/comprehensive-health-curriculum-middle-school) for the 2023-2024 school year.

Illinois State law also requires all school districts with a comprehensive health curriculum to provide instruction on specific health topics, including cancer education, STI/AIDS education and prevention, human growth and development, sexual abstinence until marriage, contraception, dating violence, sexual abuse prevention via Erin's Law, and the Abandoned Newborn Protection Act. In compliance with these State mandates, your child's Health teachers will address these specific topics by the end of eighth grade. The Health curriculum is designed to introduce topics at the most age-appropriate time. Please visit <https://www.kcsd96.org/curriculum/comprehensive-health-curriculum-middle-school> for information on both general and specific health topics by grade level.

Pertinent to the topics identified above, IL School Code dictates you may elect to have your child excused from 1) sex education, 2) sexual abuse, 3) family life, 4) HIV/AIDS and sexually transmitted diseases, 5) organ, tissue and blood, or 6) Cardiopulmonary Resuscitation (CPR) instruction. **If you choose this option, please submit a specific request, in writing, to the school principal, asking that your child be excused from the class during that specific period of instruction, and we will provide an alternate assignment.**

This table provides more information about the specific topics taught by grade level.

6th Grade

Explain the process of growth and development from conception to birth.

Discuss physical, mental, emotional, and social changes that occur during adolescence.

7th Grade

No topics about sexual health.

8th Grade

Identify at least four risks of early sexual involvement.

Explain the health benefits and risks of various methods of contraception, including abstinence.

Explain short and long-term consequences of sexually transmitted infections (STI).

Please note that parents may also contact their child's teacher for additional information or to preview course materials.

- Ryan Nuebling, Health teacher at Woodlawn Middle School (rnuebling@kcsd96.org)
- Ben Leven, Health teacher at Twin Groves Middle School (bleven@kcsd96.org).

We hope you will find this information helpful as we begin a new school year.

Sincerely,

Kathryn E. Sheridan
Superintendent of Schools