



## KILDEER COUNTRYSIDE COMMUNITY CONSOLIDATED SCHOOL DISTRICT 96

2023/24

Dear Parent/Guardian of 4th and 5th grade students:

Illinois State law requires all school districts with a comprehensive health curriculum to provide instruction on specific health topics including human growth and development by the end of 8th grade. Your child will receive instruction on human growth and development in accordance with these laws.

District 96 provides comprehensive instruction concerning human growth and development that addresses an individual's physical, mental, and social-emotional well-being. Within these broad categories, the instruction is designed to introduce topics at the most age-appropriate time; **therefore, lessons in grades four and five focus on puberty and the changes associated with it.**

Pertinent to the topics identified in IL School Code, you may elect to have your child excused from 1) sex education, 2) sexual abuse, 3) family life, 4) HIV/AIDS and sexually transmitted diseases, 5) organ, tissue and blood, or 6) Cardiopulmonary Resuscitation (CPR) instruction.

Links to the materials that will be used during the human growth and development unit will be posted in your school's Principal Message in February. Instruction will not begin before March. More specific dates will be available at that time.

**District 96 recognizes that parents/guardians are the primary educators for their families on these topics.**

As parents, you may elect to excuse your child from instruction on this topic. If you choose this option, please submit a specific request, in writing, to the school principal, asking that your child be excused from the class during that specific period(s) of instruction, and we will provide an alternate assignment.

Sincerely,

Kathryn E. Sheridan  
Superintendent of Schools