



Conversation Starters
CASEL
Parent Toolkit

SEL Grade 4

KCSD96

- Identify their feelings/emotions and have well-developed reasons for those feelings.
- Match their reaction to a situation independently (e.g., size of the problem).
- Transition from high- to low-energy activities across school settings.
- Reflect on an outcome and determine next steps with minimal teacher guidance/support (e.g., the actual process of setting a goal).
- Describe the expressed (verbal and physical) feelings/perspectives of others.
- Demonstrate respectful curiosity around differences and contributions of others and other cultures.
- Listen and encourage while cooperating, without prompting.
- With minimal support, use “I” statements in conflicts with peers and apologize for their role in the conflict.



Vocabulary

Self-Management
Decision Making
Social Awareness
Responsible
Impulse Control
Perspective-Taking
Empathy
Diversity
Relationship-Building
Reflection
“I” Statements

- Model setting and monitoring progress toward short-term goals.
- Develop routines for completing homework and chores.
- Practice resolving conflicts with your child, discussing possible strategies and solutions.
- Encourage your child when they make good decisions.
- Increase your child’s home responsibilities, setting clear rules and expectations.
- Encourage conversations about social, academic, and cultural experiences.



Home
Connections