



- Identify their emotions and why they feel that way.
- Express their emotions effectively and appropriately.
- Follow rules/routines across settings.
- Identify areas of strength and growth.
- Use social-awareness, interpersonal skills, and responsible decision-making to establish and maintain positive relationships.
- Demonstrate an ability to listen to others (e.g., making eye contact, nodding, asking clarifying questions and/or responding).
- Accept, interact with, and ask questions of peers and adults who are different from them (e.g., age, race, ethnicity, religion, abilities).
- Identify similarities (e.g., needs) and differences (e.g., wants) among people.
- Demonstrate cooperative behaviors with others (e.g., sharing, saying *please* and *thank you*, helping, active listening).
- Identify when they are experiencing problems/conflicts and brainstorm ways to resolve them.



Vocabulary

Similarities/ Differences
Strengths
Goals
Feeling words such as
excitement, anger, joy,
sadness, nervousness
Responsible
Respectful
Choices/Decisions
Expected Behavior
Unexpected Behavior
Awareness
Kindness

- Label your emotions and explain the reasons for them.
- Establish rules and provide explanations for the rules (e.g., You need to hold my hand when we cross the street so you don't get hurt).
- Practice turn-taking by playing games.
- Model strategies for solving conflicts when they arise at home, labeling strategies you are using to solve the problem.



Home
Connections